

## **Physics in our daily life**

We are living in the century of science and technology and introduction of science in our daily has transformed our lives. When people had no idea about science, even then their lives were governed by principles of different branches of science. When we light a fire, it is a chemical process; when we eat and digest food, it is biological process; when we walk on Earth, it is governed by laws of physics; when an Earthquake occurs, it's a seismic activity; when we talk about different terrains and gems of Earth surface, it is related to Geology. There is no single activity of our lives, which define our one or other field of science. Similarly, physics governs our everyday lives and is involved in a number of activities we perform and things we use in our daily life.

### **Work to do:**

- How is physics involved in the following activities:
  - a) **Walking**
  - b) **Cooking**
  - c) **Seeing**

(Write a few lines for each word).